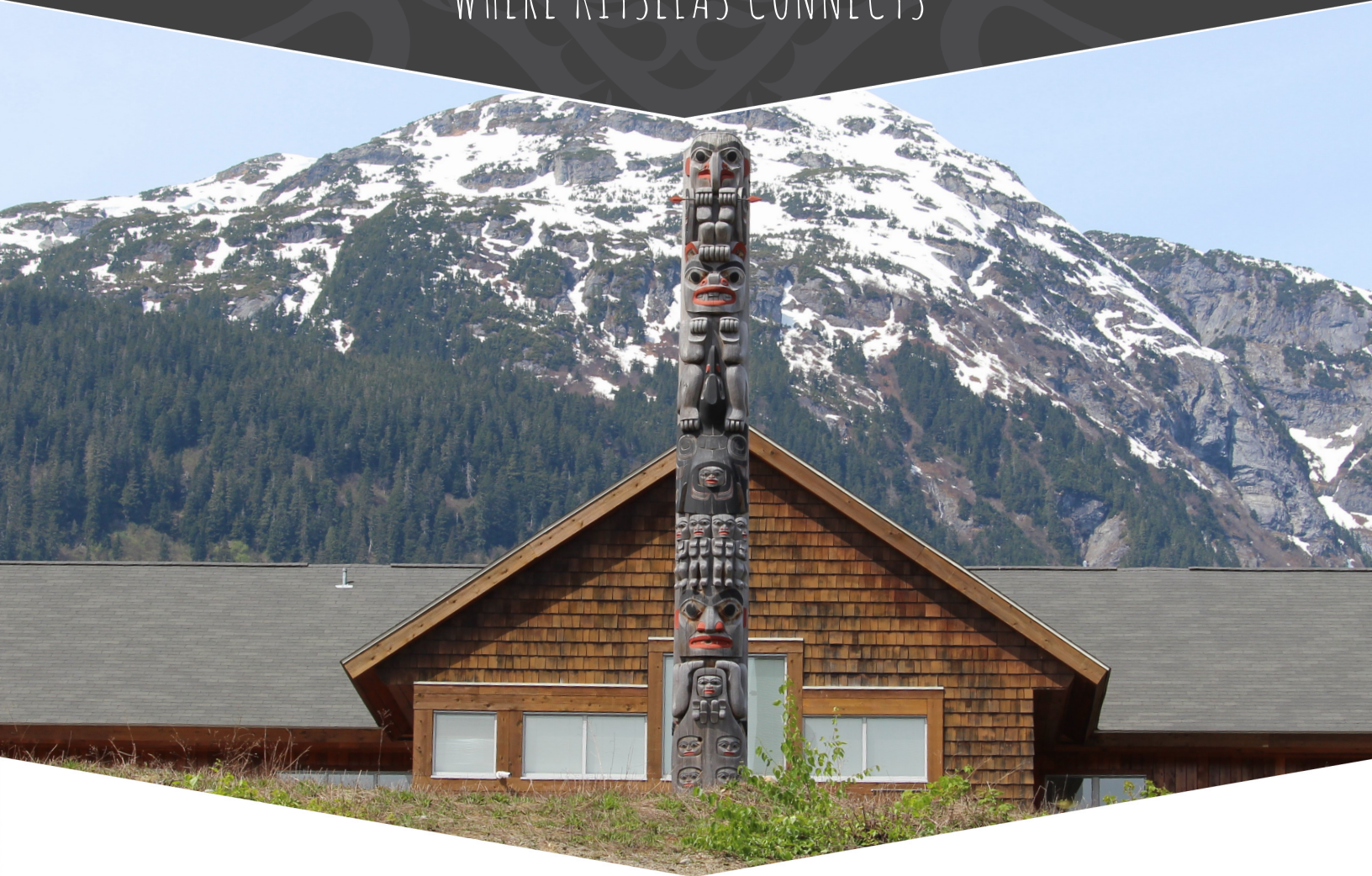


# TSUNYOW

WHERE KITSELAS CONNECTS

SEPT 30, 2022



A Bi-Weekly newsletter from the



Kitselas Band Council & Administration

## IN THIS ISSUE

- |   |   |    |  |
|---|---|----|--|
| 1 | In this issue index                     | 7  | Calling Indigenous Artists                 |
| 2 | Council News                            | 8  | Bear Aware                                 |
| 3 | Health Truth & Reconciliation—Sept 30th | 9  | Bear Aware pg.2                            |
| 4 | Office Closure/ Wellness Fair           | 10 | Covid Booster Shot/ Visit Kitselas Website |
| 5 | Housing Payment                         | 11 | Kitselas Head start                        |
| 6 | TLUP Land Tour                          |    |  |

Sept 2022



# COUNCIL NEWS

## Council Meeting Agenda Items

### Old Business

- Update BC Housing
- Kulspai residence and Covid home

### New Business

- Gitselasu Stewardship Society
- Feasibility Study Convenience store/ gas bar
- Kitselas Community GP/DR
- Kitselas Development Corporation potential Directors
- Lands interest law updates
- Cedar LNG EAC consent decision
- Ocean Vessel
- Capital Vehicles
- Kitselas own pension plan 65 & older



## UPCOMING COUNCIL MEETINGS

2022

- ♦ October 11, 2022



# Truth and Reconciliation

Every Child Matters  
Orange Shirt Day

September  
30th

8:30 a.m.  
to  
10:30 a.m.



**Wear orange on September 30th to remember the harm that was done to our children in residential schools. To honor the survivors, their families and remember the spirits that will walk with us.**

**Please join us at the administration office for refreshments & snacks.**

## Statutory Holiday—**Truth and Reconciliation Day**

Friday 30-Sept-22 (*office closed*)

8:30a.m.-4:00p.m.

*Resume regular office hours Mon 03-Oct-22.*



## KITSELAS WELLNESS FAIR



PLEASE COME OUT AND JOIN THE KITSELAS  
HEALTH DEPARTMENT!  
LIGHT MEAL PROVIDED

THERE WILL BE DOOR PRIZES!

**WHEN: FRIDAY OCTOBER 14 2022**

**TIME: 2:00PM-5:00PM**

**WHERE: KITSELAS HALL ON KULSPAI**



# Friendly Reminder: Housing Payment Due 1st of each month

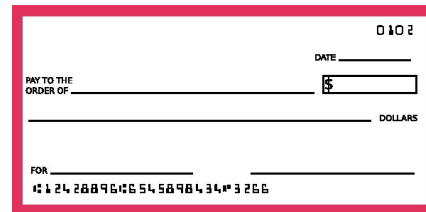


## Payments can be made by

electronic funds transfer to  
rent@kitselas.com



Cash or Cheque can be made  
to Kitselas First Nation and  
brought to the finance depart-  
ment



Pre-Authorized Debt forms can  
be filled out at the finance de-  
partment.

Please contact Ulyses to ar-  
range arrears payments ASAP

**TD Canada Trust** TD U.S. Dollar Visa  
Pre-Authorized Payment form

☐ New enrollment ☐ Change in authorization ☐ Cancellation of authorization as of \_\_\_\_\_ Month/Day/Year

**1. TD U.S. Dollar Visa Cardholder Information (Please print clearly)**

Name: \_\_\_\_\_

Mailing address: \_\_\_\_\_

City: \_\_\_\_\_ Province/State: \_\_\_\_\_ Postal code/ZIP: \_\_\_\_\_

Country: \_\_\_\_\_ Telephone number: \_\_\_\_\_

**2. Payment Options (Check one)**

☐ Minimum Payment ☐ Account Balance, in full

**3. Pre-Authorized Debit (PAD) Account Information**

Visa account number: 4 0 8 5 \_\_\_\_\_

U.S. dollar deposit account number: \_\_\_\_\_

Bank/Transit number: \_\_\_\_\_ ☐ Chequing account ☐ Savings account

Bank/Transit number: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Country: CANADA

Note: Account selected must be in U.S. funds. Pre-Authorized Payments can only be processed from U.S. dollar accounts located in Canada. For more information on pre-authorized payment options, please contact TD Credit Cards at 1-800-983-8472.

In this authorization, "you" and "your" refer to each holder of the PAD Account who signs this Form. Other terms have the meanings set out in the U.S. Dollar Pre-Authorized Payment Agreement. You authorize us to debit the PAD Account for all amounts owed to us from time to time under the TD Visa Account for the payment amount indicated under Payment Options on the Form. You have read, understand and agree to the terms of the U.S. Dollar Pre-Authorized Payment Agreement which forms part of this Form.

Signature of card holder \_\_\_\_\_ Signature of joint account holder \_\_\_\_\_

Name (Please print) \_\_\_\_\_ Name (Please print) \_\_\_\_\_

Date (Month/Day/Year) \_\_\_\_\_ Date (Month/Day/Year) \_\_\_\_\_

**IMPORTANT**  
You must include a "VOID" cheque for a Chequing Account or the top portion of your statement for a Savings Account. Your application cannot be processed without it.

**If Joint Account, all authorized signatures are required.**

When the form is complete, mail or fax to:

TD Credit Cards  
P.O. Box 300  
TD Centre  
Toronto, Ontario M5K 1K6  
Fax: 1-866-785-2485 or (416) 307-1341

322716 (08/09)

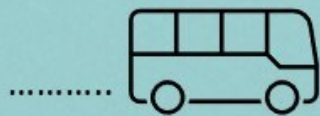


## Treaty Land Use Plan

# Back to the Land Tour

## Mark your calendars

The Treaty Land Use Plan Team will be touring several properties within the Treaty Settlement Area, and you're invited!



### Tour Dates:

Date	Time	Start Here	Tour Type
Sat. Oct. 1	11:15 a.m.	<b>Meet downstairs in the Band Office</b>	Youth
Sun. Oct. 2	8:45 a.m.		Anyone!
Mon. Oct. 3	8:45 a.m.		Anyone!
Tues. Oct. 4	8:45 a.m.		Anyone!

**The tour bus will leave on time! Don't be late!**



**Limited Seating!**

**Sign up for a tour with Geneva Mason:**



250.615.1382



cec@kitselas.com

Lunch and refreshments included

**Learn more about the Treaty Land Use Plan Project:**

<https://storymaps.arcgis.com/stories/fb29d32d2fad488d823d14171e0c93fa>



# CALLING INDIGENOUS ARTISTS



## FOREST GARDENS

Community-based research is underway at Kitselas Health to reclaim and revitalize forest gardens. This includes creating a demonstration forest garden at the Kitselas greenhouse site.

## APPLY

In a brief letter, tell us about yourself, why you are interested in this project, and provide at least three digital examples of your works. (All items will be kept confidential.)

**Send Applications to Patsy Drummond**  
**[greenhouse@kitselas.com](mailto:greenhouse@kitselas.com)**



## VISION

We are looking for an artist to add to our team to help in our community planning and visioning process for the forest garden. This includes creating visuals that document the garden space now, and what it could look like in the future. This will be an important piece of cultural witnessing to show where we have come from and to illuminate the path forward.

- Artist will work with the Kitselas Health Food Systems Coordinator and project collaborators
- Preference given to Ts'msyen/local artists
- Compensation for work and potential for future contracts; please contact for additional information about the project.



THE UNIVERSITY OF BRITISH COLUMBIA  
Faculty of Forestry



## *Keeping our Community Safe from Bears*

### FORECAST

GRIZZLY AND BLACK BEARS ARE ACTIVE IN KITSELAS TERRITORY, AND CAN BE DANGEROUS IF THEY COME INTO OUR COMMUNITIES. IT IS IMPORTANT WE ALL MAKE EFFORTS TO NOT ATTRACT BEARS.

### *Being Bear Aware*

Bears go through a phase called hyperphagia, or extreme eating, in the fall. They will eat up to 20,000 calories per day to put on stores of fat in preparation for winter denning. During this period, typically ranging from November until April, bears will not eat, drink, urinate or defecate while in their dens. They become lethargic and their heart rate drops to about 10 beats per minute. Some black bears will not den if they can find food sources over the winter.

During this period of extreme eating, bears are more likely to enter communities seeking sources of food, especially if there are natural food crop failures. It is a critical time of year to keep all sources of food secure and out of reach of bears including solid waste containing organics (garbage), bird seed, barbeque grease, and domestic fruit and nuts. If you have native berries growing close to your home, especially windows and doorways, you will want to consider brushing them back.





**IMPORTANT**

If you encounter a bear:

- Remember that most bears just want to be left alone.
- Identify yourself so the bear knows you are a human, and not prey.
- Pick up small children.
- Do not run — bears are like dogs in that they will chase fleeing animals.
- Speak calmly and in a low voice. Do not scream or make sudden movements.
- Back away slowly and calmly.

When it is safe to do so, call the BC Conservation Officer Service (24 hours) at 1-877-952-7277 (RAPP) or text #7277 to report your encounter.

*Did You Know?*

Grizzly bears travel widely, with female grizzlies in BC making their home ranges over 50–400 km<sup>2</sup> and with males having much larger home ranges of between 500–2,000 km<sup>2</sup> — almost as long as the distance between Terrace and Winnipeg (2,184 km)!

QUESTIONS OR CONCERNS?  
RLO@KITSELAS.COM



**18+ COVID BOOSTER  
WALK-IN CLINIC**

**TUESDAY, OCTOBER 4, 2022**

**2PM TO 6PM**

**KITSELAS HEALTH CENTRE**

*(BAND OFFICE)*

**IF THERE ARE ANY QUESTIONS**

**PLEASE CONTACT**

**AMANDA BENNETT,**

**KITSELAS HEALTH CLERK**

**@ 250-631-7659**

## Kitselas First Nation Website



**Please visit our website for  
upcoming events**

**[www.kitselas.com/  
events/](http://www.kitselas.com/events/)**

*Upcoming Holidays  
Highlighted*



**To our Kitselas  
Parents, Grandparents and families  
We welcome you all to the  
Kitselas Head Start and Day Care**

Our first day of Day Care was September 21, 2022, the children enrolled

Draxton Bolton	Todd Maxwell
Sloane Benson	Cash Collison
Zoey Woods	Noah Soulier
Amari Louie	Ariyah Bevan
Gordon GreyCloud	Saphira Maxwell
Hunter GreyCloud	Ezra Carlick-Wilson

We are waiting for few more registrations and there is couple of more spots available for 3–5-year years of age. *(They don't have to be potty trained)*

We have Daycare available 9:00 am -3:00 pm

Monday to Friday – 12 months

Closed on Stat holidays – and some mandatory meetings and or training

We do have transportation on Reserve *(Gitaus & Kulspai)*

Off reserve can pick up and drop off

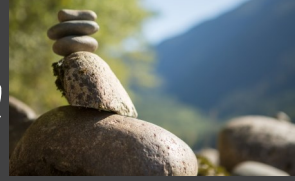
I would like to introduce our Staff for Kitselas Head Start & Day care.

- Geri Inkster- Health Director
- Anne Wright- Early Childhood Educator/ Supervisor
- Vernon Dudoward- Bus Driver/ Responsible Adult
- Alanna Bennett- Early Childhood Educator Assistant





SEPT 30, 2022



## KITSELAS CONNECTS

Is put together by the Kitselas Communications Department.

Please email [communications@kitselas.com](mailto:communications@kitselas.com) with any info - events, news, fundraisers, photos, etc. - that you would like to share with the community.

Deadline for submissions is Tuesday.

Call 250-635-5084 Ext. 4071 with any questions

### KITSELAS ADMINISTRATION

2225 Gitaus Road, Terrace, BC V8G 0A9  
Phone: 250-635-5084 Fax: 250-635-5335

### Office Hours

Monday to Friday 8:30am-4pm  
Closed for lunch 12-12:30pm

**[WWW.KITSELAS.COM](http://WWW.KITSELAS.COM)**