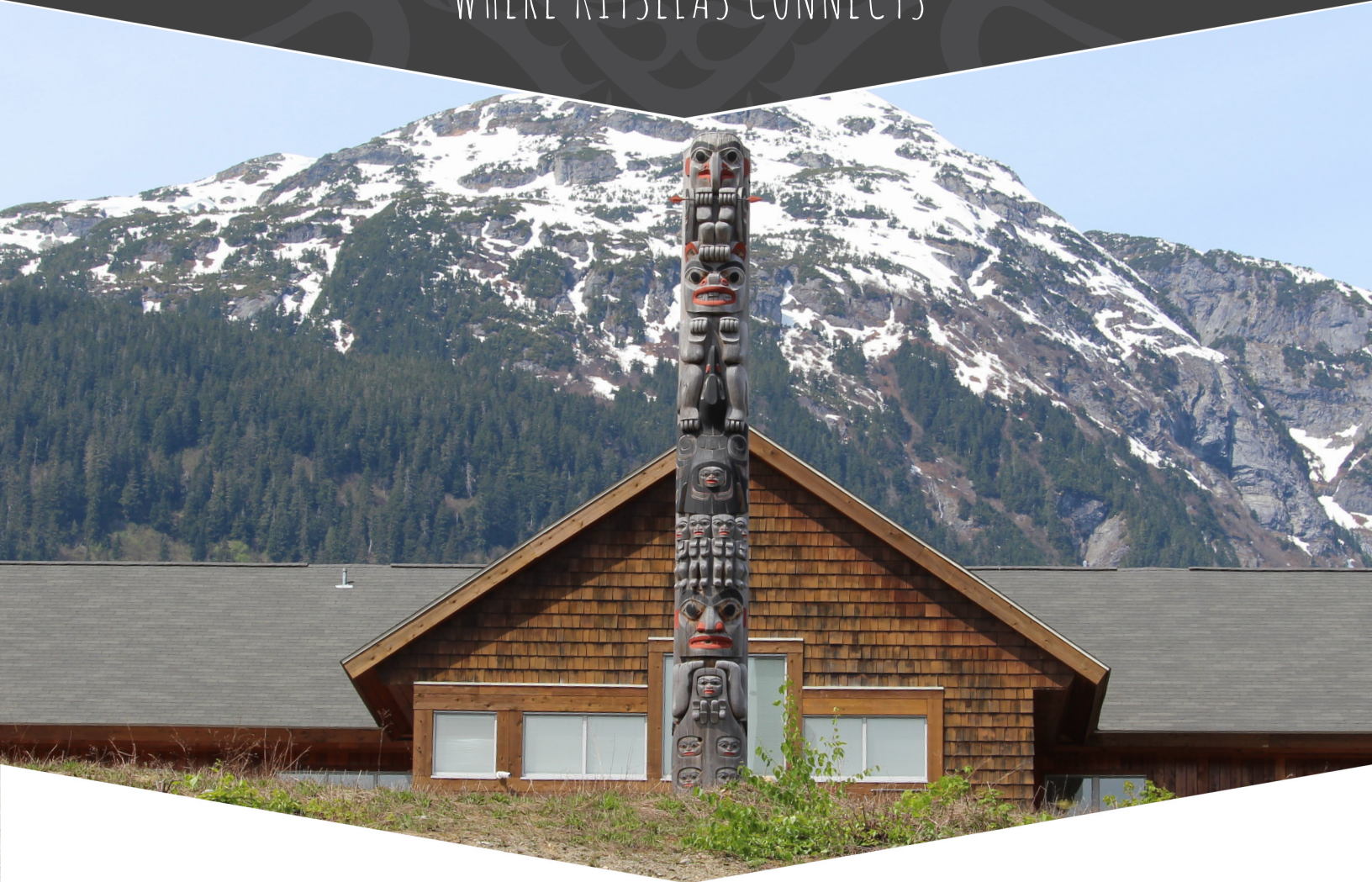


# TSUNYOW

WHERE KITSELAS CONNECTS

JULY 30, 2021



A Bi-Weekly newsletter from the



Kitselas Band Council & Administration

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**OFFICE CLOSURE:  
MONDAY**

**2-AUG-2021**

**BC DAY**



# READING PROGRAM 2021

This year's reading program, we had two separate age groups. Our first age group were the older kids from ages 11-13, to help them transition from elementary school to Middle School. Over the week program we covered the following;

- Reading Comprehension Book Report
- Public Speaking
- Art's and Crafts
- 2—Field trips
- Role Model from Treaty

In the second age group were the younger kids from ages 6-10, improving reading and comprehension skills. Over the week program we covered the following;

- Guided Reading and Comprehension in small groups
- Arts and Crafts
- Raven Tales Videos
- Role Model from Treaty
- 2—Field trips



*Group 1 (ages 11—13)*



*Group 2 (ages 6—10)*





**KITSELAS BAND COUNCIL**  
 2225 Gitaus Road, Terrace BC, V8G 0A9  
 Phone: (250) 635-3301 | Fax: (250) 635-5335

## Application for School Supply Allowance 2021-2022

### Student Information:

Last Legal Name:	Select: <input type="checkbox"/> Status Indian	Grade:
Given Names:	<input type="checkbox"/> Non-Status <input type="checkbox"/> Other:	School: <input type="checkbox"/> Thornhill Primary (K-3) <input type="checkbox"/> Thornhill Elementary (4-6) <input type="checkbox"/> Skeena Middle <input type="checkbox"/> Caledonia Secondary <input type="checkbox"/> Parkside Secondary <input type="checkbox"/> Centennial Christian <input type="checkbox"/> 'Na Aksa Gyllak'yoo (Kitsumkalum) <input type="checkbox"/> Other:
Birthdate: (YYYY/MM/DD)	Status Card Number:	
Gender: <input type="checkbox"/> Female <input type="checkbox"/> Male	Band Name: <input type="checkbox"/> Kitselas <input type="checkbox"/> Other:	
Home Address:	Email:	
Postal Code:	Cell Phone:	
Phone Number:		

### Lives With:

Select One: <input type="checkbox"/> Mr. <input type="checkbox"/> Mrs. <input type="checkbox"/> Ms.	
Last Name:	
First Name:	
Relationship to Student <input type="checkbox"/> Mother <input type="checkbox"/> Step-Mother <input type="checkbox"/> Aunt <input type="checkbox"/> Grand-Mother <input type="checkbox"/> Guardian	<input type="checkbox"/> Father <input type="checkbox"/> Step-Father <input type="checkbox"/> Uncle <input type="checkbox"/> Grand-Father

Note: Form must be completed and returned to calculate school supply allowance.

**x One Form per Student**

Please get additional copies from office.

### Office Use Only:

--

By signing below, I agree to:

### Consent to Release Student Records

As per section 10.5.1 of the Local Education Agreement, this consent authorizes Coast Mountains School District 82 OR Centennial Christian School OR 'Na Aksa Gyllak'yoo School and its school representatives to release student's academic records to the Kitselas Education Coordinator for my child.

### Consent to Release Student Information

I authorize the Education Coordinator to share information about my child with the Social Development Department in order to participate in the hot lunch program. This information is limited to: first name, last name, school and grade.

Student Name: \_\_\_\_\_

\_\_\_\_\_  
 Parent/Guardian Signature

\_\_\_\_\_  
 Date



# Tips to FireSmart Your Home

Taking action to FireSmart your property will dramatically decrease the risk of wildfire damaging your home. The best part is, it's surprisingly easy to do.

Clean under your deck to remove any combustible material. Establish a 1.5 metre non-combustible zone around the perimeter of the house and deck.

Clean and maintain gutters and roofs. Keep decks and balconies clear of leaves and debris.

Keep grass and weeds cut below 10 centimetres.

Have a wildfire evacuation plan and make sure everyone in your household knows what to do.

Hold sheds and other structures to the same standards as your home.

Relocate propane tanks 10-30 metres from your home, and keep combustible vegetation a minimum of 10 metres from propane tanks.

Move firewood and lumber 10-30 metres away from home.

Prune trees to create a two-meter clearance from the ground to the lowest branches.

Add non-combustible 3 millimetre screens to external vents (except dryer vents).

Reduce the flammability of your landscaping and plant wildfire resistant vegetation. Learn landscaping.

Download the FireSmart home assessment and do a self-assessment of your home and property.

BRITISH COLUMBIA  
**FireSmart™**

Learn more at [FireSmartBC.ca](https://firesmartbc.ca)

FireSmart, Intelli-Flex and other associated Marks are trademarks of the Canadian Interagency Forest Fire Centre.



# Let's get FireSmart™!



ROOF  
PREPARE  
FOX  
DEBRIS  
DECK  
COMBUSTIBLE  
DECIDUOUS  
STICKS  
FIRESMART  
BRANCHES  
CLEAN  
WOODPILE  
CONIFEROUS  
TREES  
LEAFY  
LEAVES  
STRUCTURE  
EMBER  
CABIN  
PRUNING





# Coming Together

Riverboat Days Event

**August 2nd**

**11am-3pm**

**George Little Park**

**HEALING WALK  
SALMON BBQ  
FACE PAINTING**

**TUG-O-WAR  
MOOSE CALL CONTEST  
FRY BREAD CONTEST**

**TRADITIONAL ACTIVITIES**

**EVERY  
CHILD  
MATTERS**

**PROUDLY SUPPORTED BY:**







# POP UP NATURE SCIENCE!

**STEENAWILD ECO-ACTIVITIES FOR KIDS!**

**UPCOMING POP-UP:**

**KLEANZA CREEK PROVINCIAL PARK**

**FRIDAY, JULY 30 – 1:00 TO 3:00 PM**



Follow us on Facebook & Instagram to see where we pop up next!



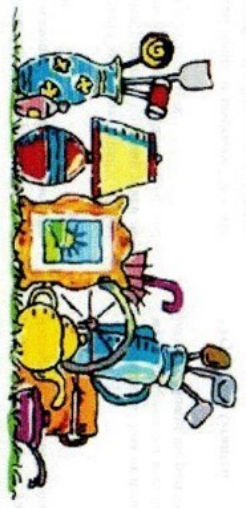
Northern Women's Recovery House Society

YARD SALE

Unit 2 – 4728 Vesta Ave, Terrace BC

July 30<sup>th</sup> Friday 12 noon – 6 P.M.

July 31<sup>st</sup> Saturday 9 A.M – 6 P.M.



Lots of treasures

Proceeds to be donated to the Northern Women's Recovery House Society

SOCIAL DISTANCING OBSERVED

For more information contact

Missrosegarden2010@hotmail.com





## KITSELAS FIRST NATION'S INTRODUCTION OF OUR NEW CAO.

Laurie Mercer (Gosnell) is a proud member of the Nisga'a Nation and belongs to Raven tribe in the house of Axdii Wil Luu Gooda.

Laurie grew up in her village of New Aiyansh (now called Gitlaxt'aamiks) located in the beautiful Nass Valley. Her child-

hood summers were spent in the Canneries, (Cassiar and Sunnyside), Laurie's family had deep roots in the commercial fishing industry.

Laurie's education background includes a Bachelor of Commerce Degree from UNBC, a Certificate in Local Government and a Diploma in Business Administration from NWCC (Coast Mountain College).

Laurie work experience includes, Director of Finance (Gitlaxt'aamiks), Manager for the Aboriginal Resource Centre at the College of New Caledonia, Personal Account Manager with RBC and Manager, Capacity Development with the First Nations Financial Management Board.

Laurie and her husband Paul have four children (Paul & Pearl, Justin, Adrian & Carmen and Chelsea & Daniel) and three beautiful grandchildren (Raya, Camden and James).

Laurie enjoys the outdoors, gardening, harvesting foods and being out on the Nass River. Her favourite camping spot is Kleanza Creek. Laurie and her husband Paul recently got into backpacking and have backpacked through the West Coast Trail and the Juan De Fuca Marine Trail.

Laurie also enjoys traveling and has been to Cuba, Mexico, New York, Niagara Falls, Montreal, Hawaii and San Diego. Her next bucket list trip is to see Europe some day.

Laurie joined Kitselas as the CAO on June 14, 2021, just days after the elections of Chief & Council. Laurie is excited to bring her knowledge and passion and looks forward to working in your community



NORTHWEST INTER-NATION FAMILY AND  
COMMUNITY SERVICES SOCIETY (NIFCS)

## MIRANDA GRAY

***Youth Empowerment Worker - Kitselas***

### BACKGROUND

Miranda grew up in Kitselas and loves her community, the beautiful sacred land and the cultural background since the day she became a member of Kitselas First Nations.

Miranda comes from a very family-oriented background and experienced different situations growing up which has taught her so much on growing and transitioning into becoming a young adult. She also helped to raise her nephew who needed extra support and care throughout and as such has some experience working with special needs children which she believes is a huge support system for our youth.

Miranda's been babysitting children since she was nine years old and has always loved taking care of others. It is something she was taught by her grandparents. She also believes that the people should keep their traditional ways of learning how to provide and harvest traditional foods, keep culture intact and make communities stronger for the sake of future leaders. Miranda will be responsible for the facilitation and administration of the NIFCS Youth Empowerment Program where she will be working collaboratively with youth workers and other like-minded members of the community to make a difference in the lives of youth in Kitselas.

### SKILLS & QUALIFICATIONS

Miranda's extensive work encompasses:

- Organization skills
- Communication skills
- Experience with all age group children
- Cooking and catering experience for large groups of people
- Promotes positive and healthy lifestyle
- Cultural background
- Hospitality professional

### EDUCATION

- 2016      Grade 12 Diploma  
             Parkside Secondary School, Terrace BC
- 2017      Professional Cook Level 1 apprenticeship  
             Northwest community college





**Patricia Wolnowski, BSW**

## **Integrated Social Worker**

**Haisla | Kitselas | Kitsumkalum**

**Haisla**

T: 250.641.2115 | F: 250.632.3686

E: pawolnowski@haisla.ca

**Kitselas**

T: 250.641.2115 | F: NEW fax

**Kitsumkalum**

T: 250.641.2115 | F: 250.635.6182

E: socialworker@kitsumkalum.com

- Can send a referral to a clinical counsellor.
- Part of a team that aids in Discharge meetings with health care professionals.
- Monitors clients, documents, provides verbal and written reports on observations.
- Liaise and coordinate services with mental health, addictions, and other medical professionals and acts as an advocate for clients.
- Plans, promotes, and participates in home visits, case conferences, workshops, and community events to increase outreach and awareness in our communities.
- Knowledge of resources available to Aboriginal clients and knowledge of the referral process for other agencies.
- Knowledge of First Nation Health Authority Patient Travel Policy and Procedure.
- Knowledge and experience in providing culturally safe and competent care, specifically pertaining to Aboriginal people.
- Advocates for members that need to go to the hospital and can accompany members to the Emergency Room.
- Aids in Discharge Planning meetings to ensure that all supports and aids that are required are in order for a safe return home.



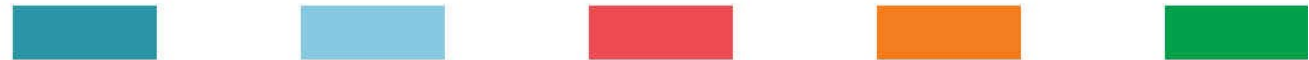
Mailing Address: PO Box 544, Terrace, BC, V8G 4B5 | Physical Address: 3514 West Kalum Road, Terrace, BC, V8G 0C8

Phone: 250.635.6177 | Toll-Free: 1-877-635-6177 | Fax: 250.635.4622 | Email: [info@kitsumkalum.com](mailto:info@kitsumkalum.com)

[www.kitsumkalum.com](http://www.kitsumkalum.com)



# Mental Health and Wellness Supports



The FNHA and other organizations provide culturally safe and trauma-informed cultural, emotional, and mental health services to Indigenous people in BC.

## SUPPORT AVAILABLE 24 HOURS A DAY

- **HOPE FOR WELLNESS HELP LINE** offers immediate mental health counselling and crisis intervention by phone or online chat to all Indigenous people across Canada. Call toll-free 1-855-242-3310 or start a confidential chat with a counsellor at [hopeforwellness.ca](https://hopeforwellness.ca).
- **INDIAN RESIDENTIAL SCHOOL CRISIS LINE** is a national service for anyone experiencing pain or distress as a result of their residential school experience. Call toll-free 1-866-925-4419.
- **KUU-US CRISIS LINE SOCIETY** provides crisis services for Indigenous people in BC. Adults/Elders line 250-723-4050; children/youth line 250-723-2040. Or call toll free 1-800-588-8717. Learn more at [www.kuu-uscrisisline.com](https://www.kuu-uscrisisline.com).
- **MÉTIS CRISIS LINE** is a service of Métis Nation British Columbia. Call 1-833-MétisBC (1-833-638-4722).

## OTHER CULTURALLY-SAFE SUPPORTS

- **FIRST NATIONS VIRTUAL DOCTOR OF THE DAY** provides virtual health care and referral support for people who do not have a doctor or are unable to get an appointment. It is for all First Nations people living in BC and their family members, including family members who are not Indigenous. Doctors are available by video or phone from 8:30 a.m. to 4:30 p.m. every day. Call 1-855-344-3800 to book an appointment. Learn more at [fnha.ca/virtualdoctor](https://fnha.ca/virtualdoctor).
- **INDIAN RESIDENTIAL SCHOOL SURVIVORS SOCIETY (IRSSS)** is a partner with the FNHA in providing access to counselling, cultural and emotional support services to former students of residential and day schools in BC, and their families, regardless of status. Call toll-free 1-800-721-0066 or visit [www.irsss.ca](https://www.irsss.ca).
- **TSOW-TUN LE LUM SOCIETY** provides confidential outreach services in BC, such as counselling, cultural supports and personal wellness programs. Call toll-free 1-888-403-3123 or visit [www.tsowtunlelum.org](https://www.tsowtunlelum.org).
- **VIRTUAL SUBSTANCE USE & PSYCHIATRY SERVICE** is an FNHA service providing virtual specialist support in addictions medicine and psychiatry to First Nations people in BC and their family members. This service requires a referral from a health and wellness provider. The First Nations Virtual Doctor of the Day provides referral support for anyone who does not have a provider.



**SERVICES COVERED BY FIRST NATIONS HEALTH BENEFITS**

- **INDIAN RESIDENTIAL SCHOOLS RESOLUTION HEALTH SUPPORT PROGRAM** provides access to cultural supports and mental health counselling for former students of Indian Residential Schools. The program is available to anyone who attended a school listed in the 2006 Indian Residential School Settlement Agreement, and their family members. Call the FNHA Indian Residential Schools Information Line toll-free at 1-877-477-0775.
- **MENTAL HEALTH AND WELLNESS COUNSELLING IN BC** may be eligible for Health Benefits coverage. Many providers are registered to bill Health Benefits directly for services so clients do not have to pay out of pocket. Before booking an appointment with a counsellor, call 1-855-550-5454 or visit [fnha.ca/benefits](https://fnha.ca/benefits) to check if they are registered and if the service is eligible for coverage.
- **MISSING AND MURDERED INDIGENOUS WOMEN AND GIRLS HEALTH SUPPORT SERVICES** is a national program administered in BC by First Nations Health Benefits. Services are available to survivors, family members and others who have been affected. Call Health Benefits toll-free 1-855-550-5454 for more information.



**Full-time Position, Family Preservation Worker  
Northwest Inter-Nation Family and Community Services (NIFCS)**

**JOB OPPORTUNITY**

**Building on Strengths**

**Empowering Others**

**Keeping Children Safe and Connected to their Families & Traditions**

If these statements resonate with you, please consider this opportunity to join the [NIFCS](#) team as a Family Preservation Worker in Terrace and Prince Rupert, British Columbia.

**Position Summary:** Reporting to the Team Leader, the Family Preservation Worker assists families in effectively addressing the emotional, physical, cultural, intellectual and spiritual needs of their children. The overarching purpose of this position is to work with families collaboratively to enhance children's safety and reduce the risk of abuse or neglect. Further, this position provides direct one-to-one support to parents in their home or out in the community. Services include educating parents about child care and child development, advocating for parents/families, encouraging nurturing behaviour and interaction between parents and their children, and assisting parents and families in accessing relevant community resources. The position will also provide other various duties to assist social workers in case management.

**Primary Responsibilities and Duties**

1. Provide encouragement, support and education to families in order to facilitate positive parent-child relationships, stimulate child development and promote healthy lifestyles.

- Work collaboratively with parents to develop and implement a family development plan that supports parents in achieving goals;
- Establish a trusting relationship with at-risk families;
- Provide a liaison function and advocacy role for families, helping them to access services that support healthy family functioning;
- Assist parents in strengthening parent skills and knowledge; developing an understanding of age-appropriate expectations; using effective coping strategies; appropriate discipline; using positive reinforcement in parenting and identifying and utilizing their strengths and their support network;
- Teach parents problem solving, anger management and coping skills using modelling as a primary teaching method;
- Gather and maintain information on care progress, providing monthly progress reports; add case notes in a timely manner;
- Assist parents in developing culturally appropriate strategies in addressing problems that impact their family, and provide workshops allowing parents to learn various skills parents need;
- Carry a client caseload, and participate in case management and regular team meetings;
- Work with social workers and related positions to provide assistance to youth in the development of life skills and assist youth in gaining access to community resources;
- Assist parents in maintaining a safe and functional home environment;
- Conduct ongoing assessments of client strengths and weaknesses and progress towards case goals and maintains documentation on case progress;
- Provide critical incident reports to the social workers in a timely manner;



- Establish and maintain effective communication between youth, families, extended family, social workers and community stakeholders;
  - Respond immediately to families in crisis, and provide assistance and support to help them resolve personal issues;
  - Promote an atmosphere that encourages parents to maintain responsibility and accountability for meeting the needs of children;
  - Assist youth in making a transition to independence that reinforces their sense of self-responsibility for the choices they make and their consequences.
2. Provide ongoing casework assistance to social workers as part of general case management duties.
- Drive, supervise, monitor and document visits of children in care where required;
  - File and serve court documents as required;
  - Assist social workers with arranging services for families, i.e. ordering bus passes, assisting families with food vouchers and shopping, clothing orders, transportation of clients to appointments, arranging travel;
  - Assist social workers in completing required case management paperwork, i.e. social histories, treatment referrals, transferring children between placements, providing short-term or crisis support to families referred by social workers.
3. Perform other duties within the scope of the position, as assigned.

#### Basic Qualifications

- All employees of NIFCS are required to submit a Criminal Record Check with Vulnerable Screening, comply with the Occupational Health and Safety Act (OHSA), its regulations and all occupational health and safety policies and procedures. Further, to work evening and flexible hours and attend cultural awareness training, among other training.
- Valid class 5 driver's license.
- First Aid/CPR.
- Preference will be given to those candidates with (C6) Child Protection Delegation.
- Pursuant to Section 41 of the BC Human Rights Code, preference may be given to applicants of Aboriginal Ancestry.

#### Education / Work Experience / Abilities

- Bachelor of Social Work or a Bachelor of Arts in Child and Youth Care.
- Demonstrated Experience/Abilities and/or Certifications in:
  - Child Development
  - Positive parenting and effective discipline strategies
  - Universal precautions to protect the caregiver and client from the transmission of infections
  - Family issues and stresses of parenting
  - Child management strategies (non-violent)
  - Resources available in the community
  - Addictions and domestic violence issues
  - Positive behavioural reinforcement
  - Verbal and written skills
  - Interviewing and assessment skills
  - Ability to network with other agencies
  - Non-Violent Crisis Intervention training
  - Basics knowledge of child and family services system and procedures
  - Establish effective relationships
  - Basic counselling skills Computer
  - Crisis Intervention Skills
  - Mediation/negotiation
  - Advocacy
  - Group work and facilitation skills
  - Ability to multitask
  - Ability to work flexible hours

- Preference may be given to applicants with recent (within the last 3 years) experience working with Indigenous communities.
- Demonstrated ability in developing strong and positive relationships with children, parents, foster parents or other caregivers.
- Excellent verbal and written communication skills.
- Ability to work under pressure with professionalism.

**Compensation & Benefits**

- You can expect a supportive work environment, a total compensation package that includes a competitive wage, extended health, and dental benefits.
- This is a Bargaining Unit position.
- An eligibility list may be established to fill future vacancies.

**Submission Deadline:**

- August 3, 2021.
- We invite all interested parties to apply by emailing your cover letter and resume in the strictest confidence to the Human Resources Department at [hr@nifcs.org](mailto:hr@nifcs.org).



JULY 30, 2021



## KITSELAS CONNECTS

Is put together by the Kitselas Communications Department.

Please email [communications@kitselas.com](mailto:communications@kitselas.com) with any info - events, news, fundraisers, photos, etc. - that you would like to share with the community.

Deadline for submissions is Tuesday.

Call 250-635-5084 Ext. 4071 with any questions

### KITSELAS ADMINISTRATION

2225 Gitaus Road, Terrace, BC V8G 0A9  
Phone: 250-635-5084 Fax: 250-635-5335

### Office Hours

Monday to Friday 8:30am-4pm  
Closed for lunch 12-12:30pm

**[WWW.KITSELAS.COM](http://WWW.KITSELAS.COM)**