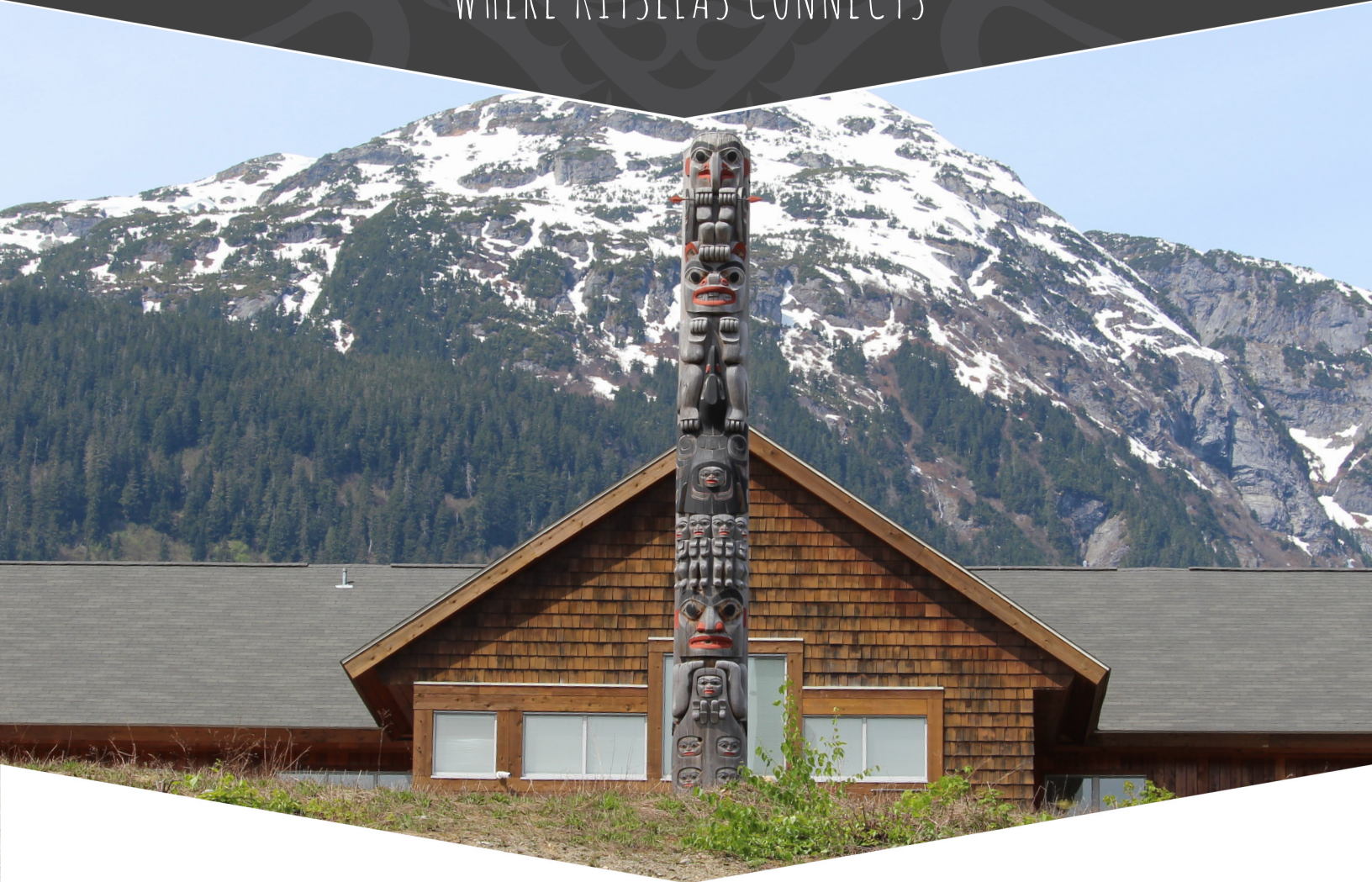


# TSUNYOW

WHERE KITSELAS CONNECTS

JULY 16, 2021



A Bi-Weekly newsletter from the



Kitselas Band Council & Administration

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# GROUP 2—STARTING JULY 19, 2021 TO JULY 30, 2021



## SUMMER READING PROGRAM

### Group 1

July 6th - July 16th

for ages 11—13

Times: 9:30a.m. breakfast

10-2p.m. program

This program will assist the students  
in the transition from grade 6 to grade 7; and grade 7 to grad 8

### Group 2

July 19th - July 30th

for ages 6—10

Times: 9:30a.m. breakfast

10-2p.m. program

**Location: Wabsuwilaks'm adult school in Gitaus.**

The program begins each day at 9:30a.m. for breakfast, and ends promptly at 2:00p.m. Lunch will be provided, the students will be informed of the next day breakfast and lunch menu, if they choose to bring their own lunch on any given day, that is fine.

**There will be a field trip on each Friday,**

**more information regarding these will be sent home with the students.**

**A note for the 2nd Group (younger)**

**The parents/ guardian's or older siblings must drop off and pick up the younger students.**

Most activities will be held at the adult school however there will be outings.

Please dress according to weather.

Registration forms are available at the reception desk at the Kitselas Admin. office in Gitaus.

From 9:00a.m.—2:00p.m. Please Call For more information 250-635-3301, for Jerry Seymour



# KITSELAS

## Leadership Camp

July 26–August 6 10am–2pm

For ages 12–30

@Kitselas Canyon Longhouse

**Come join us to enjoy lunch, land tours, learn  
about Kitselas history, and constitution**

Registration Deadline JULY 16 2021

Brought to you by the treaty department, health  
department and employment and training department



**TREATY YOUTH LEADERSHIP CAMP REGISTRATION**  
**FORM FOR AGES 12-30**  
**DEADLINE FOR REGISTRATION JULY 16 2021**

Event Information			
Event Name	Leadership Camp		
Date	July 26 <sup>th</sup> - August 6th 2021	Time	10am- 2pm
Location	Kitselas Canyon Longhouses, Gitaus		
Coordinator Information			
Name	Treaty/ Youth Teams		
Phone	Joan Mason-Nyce: 250-631-3713		
Email	treaty.engagement@kitselas.com		
Registration & Consent			
Name of Participant			
Food/ Other Allergies			
Emergency Contact	Name:		Phone:
Parent Consent	Yes    No    Signature:		

\*Photo consent for photos taken of participant that may be used for Kitselas communications and reporting purposes.  
 Additional forms available upon request ----- Leave in envelope on Administration Office front door





**KITSELAS BAND COUNCIL**  
 2225 Gitaus Road, Terrace BC, V8G 0A9  
 Phone: (250) 635-3301 | Fax: (250) 635-5335

## Application for School Supply Allowance 2021-2022

### Student Information:

Last Legal Name:	Select: <input type="checkbox"/> Status Indian	Grade:
Given Names:	<input type="checkbox"/> Non-Status <input type="checkbox"/> Other:	School: <input type="checkbox"/> Thornhill Primary (K-3) <input type="checkbox"/> Thornhill Elementary (4-6) <input type="checkbox"/> Skeena Middle <input type="checkbox"/> Caledonia Secondary <input type="checkbox"/> Parkside Secondary <input type="checkbox"/> Centennial Christian <input type="checkbox"/> 'Na Aksa Gyllak'yoo (Kitsumkalum) <input type="checkbox"/> Other:
Birthdate: (YYYY/MM/DD)	Status Card Number:	
Gender: <input type="checkbox"/> Female <input type="checkbox"/> Male	Band Name: <input type="checkbox"/> Kitselas <input type="checkbox"/> Other:	
Home Address:	Email:	
Postal Code:	Cell Phone:	
Phone Number:		

### Lives With:

Select One: <input type="checkbox"/> Mr. <input type="checkbox"/> Mrs. <input type="checkbox"/> Ms.	
Last Name:	
First Name:	
Relationship to Student <input type="checkbox"/> Mother <input type="checkbox"/> Step-Mother <input type="checkbox"/> Aunt <input type="checkbox"/> Grand-Mother <input type="checkbox"/> Guardian	<input type="checkbox"/> Father <input type="checkbox"/> Step-Father <input type="checkbox"/> Uncle <input type="checkbox"/> Grand-Father

Note: Form must be completed and returned to calculate school supply allowance.

**x One Form per Student**

Please get additional copies from office.

### Office Use Only:

--

By signing below, I agree to:

### Consent to Release Student Records

As per section 10.5.1 of the Local Education Agreement, this consent authorizes Coast Mountains School District 82 OR Centennial Christian School OR 'Na Aksa Gyllak'yoo School and its school representatives to release student's academic records to the Kitselas Education Coordinator for my child.

### Consent to Release Student Information

I authorize the Education Coordinator to share information about my child with the Social Development Department in order to participate in the hot lunch program. This information is limited to: first name, last name, school and grade.

Student Name: \_\_\_\_\_

\_\_\_\_\_  
 Parent/Guardian Signature

\_\_\_\_\_  
 Date

# July

## 2021

➔ New Summer Hours: 10-11:30(Group1) 12-1:30(Group2) 2-3:30(Group3)➔

## Kitselas Youth/Right To Play

- With Summer upon us: I will be switching Summer Hours
- July 5<sup>th</sup> to July 9<sup>th</sup>: Gerald will be on his week Holiday (Tiff will have program time)
- July 12<sup>th</sup> to July 16<sup>th</sup>: Tiffany Mason will be on week Holiday. (Gerald will have program time)
- July 19<sup>th</sup> to July 23<sup>rd</sup>: No Program during our Administration Week
- July 26<sup>th</sup> to July 29<sup>th</sup>: Science Week
- Gerald will Have Gym Time every Thursday 6pm to 8pm for ages 16+



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Gym Time:6-8 (16+)	2 Deep Clean Prep for new week	3
4 Gerald Week off	5 RTP Program Activity: TBA	6 RTP Program Activity: TBA	7 RTP Program Activity: TBA	8 Gym Time:6-8 (16+)	9 Deep Clean Prep for new week	10
11 Tiffany Week off	12 RTP Program Activity: TBA	13 RTP Program Activity: TBA	14 RTP Program Activity: TBA	15 Gym Time:6-8 (16+)	16 Deep Clean Prep for new week	17
18 Administration week	19 NO PROGRAM	20 NO PROGRAM	21 NO PROGRAM	22 NO PROGRAM	23 NO PROGRAM	24
25	26 Science Week	27 Science Week	28 Science Week	29 Science Week Gym Time:6-8 (16+)	30 Deep Clean Prep for new week	31

PLEASE FOLLOW GROUP TIMES AS I STILL HAVE TO FOLLOW SOME RESTRICTIONS,  
 ☺️NEW SUMMER HOURS ARE POSTED ABOVE ☺️

Community Garden – Patsy Drummond, Project Coordinator, Health Department

It's really hot, like really, really hot...and dry. The past couple weeks have been spent trying to keep all the plants alive through this unseasonably hot and dry weather. I've been in the garden every morning 8am to Lunch focusing on watering everything. I've also been weeding, since the weeds seem to thrive no matter the weather! If you visit the garden in the evenings and/or weekends please feel free to water anything! I have set-up dedicated handheld water sprayers in the greenhouse and the main garden area. There are also sprinklers for each field area. Every little bit helps, thank-you!

The Peach tree is struggling in the heat and intense sun. I've arrived a few times to the greenhouse to find it all closed up...one morning it was 40 degrees at 8am! I've removed the handles for the side panels and have tied the doors open. A goal for the near future is to have a power line put into the lot so we can access electricity and hook up a fan for better ventilation (among other things) for the greenhouse.

Have definitely seen the effect of the intense and prolonged heat on plants: the strawberries are ripe, but very small. The peas are half the size as they were at this time last year.

I've harvested all the mature radishes and garlic scapes and delivered to those in community who requested. The garlic will be ready to be harvested in about 2 weeks time.

Connect: [greenhouse@kitselas.com](mailto:greenhouse@kitselas.com), 250-922-5423, FB: Kitselas Growing Food and Wellness







## KITSELAS FIRST NATION

2225 GITAUS ROAD, TERRACE, BC V8G 0A9

TEL. (250)635-5084 s FAX (250)635-5335 s T.F. 1-888-777-2837

Monday, July 12, 2021

Toby Hilton, Nurse Practitioner has resumed in person clinics here at the Kitselas Health & Administration.

Toby also does telehealth appointments on Friday mornings, except for Friday, July 23, 2021 & Friday, July 30, 2021.

Toby will be away from Friday, July 23, 2021, to Thursday, August 5, 2021.

Her schedule is as follows:

Wednesday, July 14, 2021, 9:00AM to 2:00PM

Wednesday, July 21, 2021, 9:00AM to 2:00PM

Wednesday, Aug 11, 2021, 9:00AM to 2:00PM

Wednesday, Aug 18, 2021, 9:00AM to 2:00PM

On Wednesday, August 25, 2021 & Wednesday September 1, 2021, Toby will not be on site, she will be taking telehealth appointments over the phone.

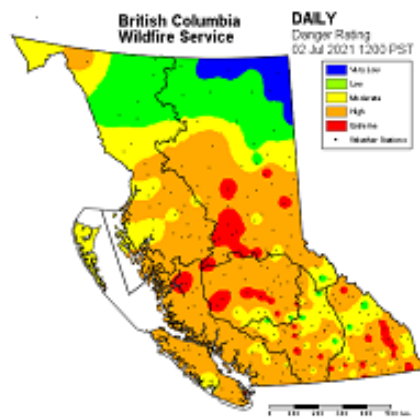
On site clinics will resume in person on Wednesday, September 8, 2021.

Please contact the Kitselas Health Clerk, Amanda Low @ 250-631-7659 to book your appointment.



## Wildfire Preparedness

The wildfire danger rating (i.e. the risk of a wildfire starting) in BC is high to extreme across most of the province. Although we cannot predict where a wildfire will occur or when, we can be proactive and take steps to prepare ourselves and protect our properties from being damaged by a wildfire.



### 1. Make an Emergency Plan

Ensure your family knows what to do in an emergency. Use the "Get Prepared" website to create an emergency plan for your family and home. Creating and printing the on-line plan will only take you about 20 minutes. <https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/preparedbc/make-your-plan>

### 2. Emergency Preparedness Kits - "Grab and Go Bags"

In an emergency, it is important to have some supplies in case you need to get by without power or running water. Most emergency organizations recommend that you are prepared to be self-sufficient for at least 72 hours. Make a grab and go bag for your pets.

#### Basic Emergency Kit Checklist

- Pen and notepad
- Phone charger and battery bank
- Flashlight – wind up or battery powered (and extra batteries)
- Radio – wind up or battery powered (and extra batteries)
- First aid kit
- Personal toiletries and medication
- Seasonal clothing
- Food – non-perishable such as energy bars, dried and canned food; manual can opener
- Water – at least two litres of water per person per day
- Extra keys for car and house

102 – 70 Orwell Street, North Vancouver, BC V7J 3R5

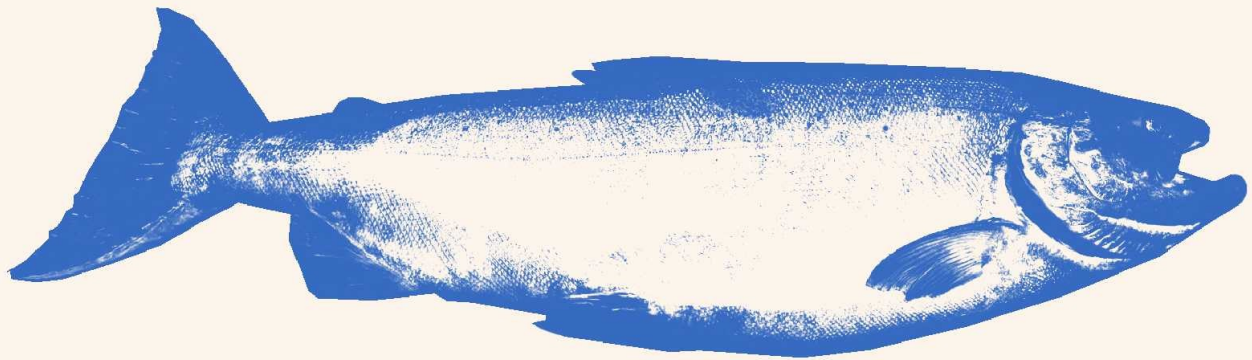
Tel 604.669.7305 | Fax 604.669.9832 | Toll Free 1.888.822.3388 | Email [info@fness.bc.ca](mailto:info@fness.bc.ca) | Web [www.fness.bc.ca](http://www.fness.bc.ca)

KITSELAS LANDS AND RESOURCES  
DEPARTMENT UPDATE

SALMON SEASON  
2021



## *Salmon are starting to return to the Skeena River*



### FORECAST

THE 2021 PRE-SEASON FORECAST FOR SOCKEYE SALMON SUGGESTS A 90% CHANCE THAT 679,000 FISH WILL RETURN TO THE SKEENA RIVER. THIS IS 70% ABOVE THE CONSERVATION TARGET OF 400,000.

NO FOOD FISHING CLOSURES ARE BEING CONSIDERED RIGHT NOW. IF THIS CHANGES, AN ANNOUNCEMENT WILL BE POSTED IN TSUNYOW: WHERE KITSELAS CONNECTS, AND ON THE ADMINISTRATION FACEBOOK PAGE.

### *While Out Food Fishing*

The Kitselas Lands and Resources Department (KL RD) is responsible for food fish monitoring to ensure ongoing and sustainable use of the Traditional Territory's lands and waters. Help support our work by remembering to:

— Have your band membership card or your food fish permit with you at all times while fishing. Due to COVID-19 office closures, new food fish permits will not be issued this year. If you lost your food fish permit, use your band membership card.

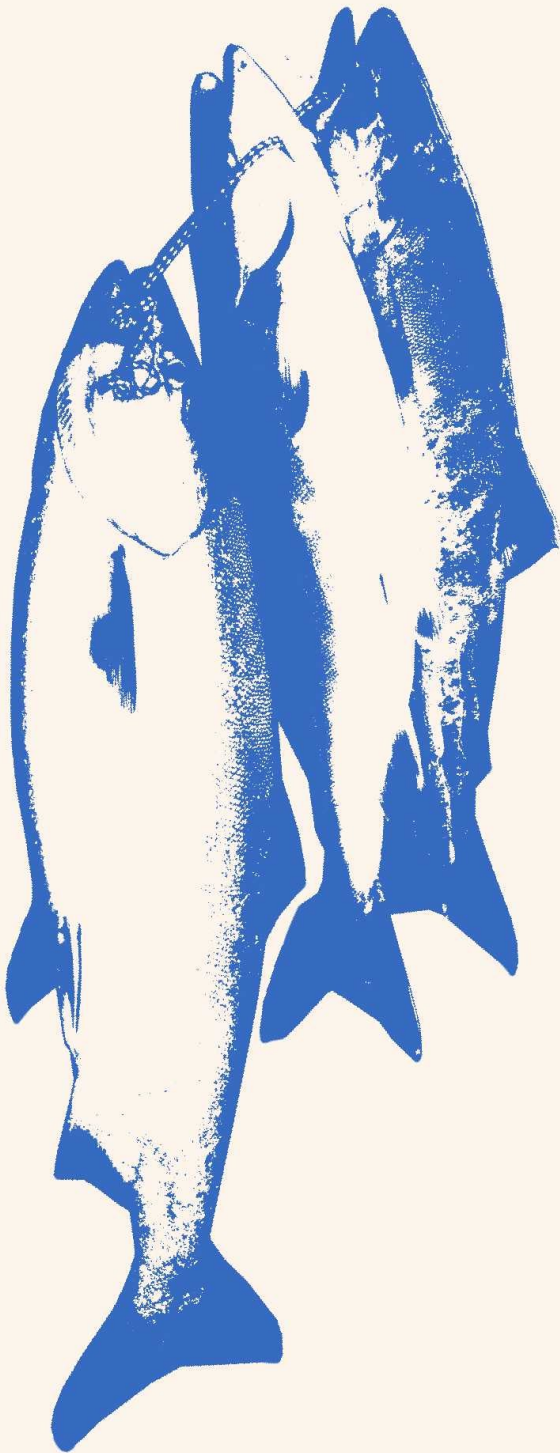
— Be mindful to not fish in one spot for more than 48 consecutive hours from Sunday to Saturday, so that others have access to fishing sites.

— Report your catch numbers! If you do not see a food fish monitor, call 778-634-3517 or text 250-641-7616 with your catch numbers.

— Have your name and phone number marked on your net for fish monitors to see.

— Do not sell food fish.





## IMPORTANT

In 2019, when returns were very low, some fishers left nets in for long periods of time without checking them. Fish in these nets were dead and rotten when pulled. This year, food fish monitors will be pulling nets that do not have a name and phone number on them and are left unattended. If you do not put your name and number on your net you must remain with your net the entire time it is in the water. If a net is pulled it will be left on the rocks/beach and the fish will be donated to elders in the community.

## *Did You Know?*

This year, Wai Wah Environmental field staff will be doing the food fish monitoring. You can expect them to ask the same questions KLRD staff members asked in the past.

Wai Wah Environmental is a fully Kistelas-owned environmental services company. Wai Wah was formed, in partnership with Kitselas Nation, with a keen sense of stewardship and a desire to develop Kitselas Traditional Territory in harmony with the values and vision of the Kitselas people who live here. Wai Wah and KLRD have a close relationship in the delivery of KLRD's stewardship programs.

WANT TO LEARN MORE?  
WAIWAHBC@GMAIL.COM

QUESTIONS OR CONCERNS?  
SENIORRSO@KITSELAS.COM

## Kitselas First Nation Land Use Plan 2019

We are more than thrilled to be receiving the National Inclusionary Planning Award of Excellence from the Canadian Institute of Planners and owe the success of this plan to a highly collaborative approach between Members, Kitselas Lands Committee, staff, Council and our consultant, Meraki Community Planning.

We have a very passionate Membership that comes together for these land use planning initiatives which aim to enhance quality of life for our people by balancing economic, social, cultural, and environmental values.

This Plan serves as one of our overarching governance documents that guides land use and development on Reserve and emphasizes our rights and values on the development of our Reserve Lands.

Our hope is that the Kitselas Land Use Plan, along with our Comprehensive Community Plan which will be unveiled soon, are incorporated into Regional and Provincial land use plans to strengthen government to government relations and provide a means for building new relationships with those who may wish to:

- gain a better understanding of our lands, our people, our history and our culture or
- partner with us on the development of our lands.

We'd like to give a big shout out to the Kitselas Band Members. Without all of you, this plan and the National award we received as a result, would not have been possible.



A copy of the Land Use Plan can be found on our website at <https://kitselas.com/programs/lands-resources/>





## Kitselas Head Start

1581 Kulspai Crescent

Terrace BC

Phone: 250-635-5084 ext: 5027

Cell: 250-641-8754



To our Kitselas Parents, Grandparents and families

Kitselas Head Start is a preschool program which is offered from September through June each year.

At this time, we invite you to apply for September enrollment. To apply for Head Start, your child must be:

- 3 years of age
- Potty trained
- Copy of Immunized records
- Medical number
- Status number

We provide Preschool program from

Monday-Thursday: 10:00 am -1:00pm

Rides are available for program pick up/drop off (on reserve)

Our Program involves 6 components:

- Tsimshian Culture & Language
- Education
- Health Promotion
- Nutrition
- Social Support
- Parent & family Involvement

If anyone has any further questions, don't hesitate to give me a call at 250-635-5084 ext.5027

# CONGRATULATIONS! KITSELAS HEAD START 2021

We would like to Congratulate the Kitselas Head Start Students and Staff with all the Accomplishments the children have learned and enjoyed this year.

Thank you for the on-going Dedication and hard work to the Kitselas Head Start Staff to make it all possible to have another successful year and we look forward to the new young ones that will enroll this coming new year.

And big thank you to the people that step up to continue to support the Kitselas Head Start year round: public works and Loretta mason: so we can continue with Safe, working & tidy learning environment.





JULY 16, 2021



## KITSELAS CONNECTS

Is put together by the Kitselas Communications Department.

Please email [communications@kitselas.com](mailto:communications@kitselas.com) with any info - events, news, fundraisers, photos, etc. - that you would like to share with the community.

Deadline for submissions is Tuesday.

Call 250-635-5084 Ext. 4071 with any questions

### KITSELAS ADMINISTRATION

2225 Gitaus Road, Terrace, BC V8G 0A9  
Phone: 250-635-5084 Fax: 250-635-5335

### Office Hours

Monday to Friday 8:30am-4pm  
Closed for lunch 12-12:30pm

**[WWW.KITSELAS.COM](http://WWW.KITSELAS.COM)**