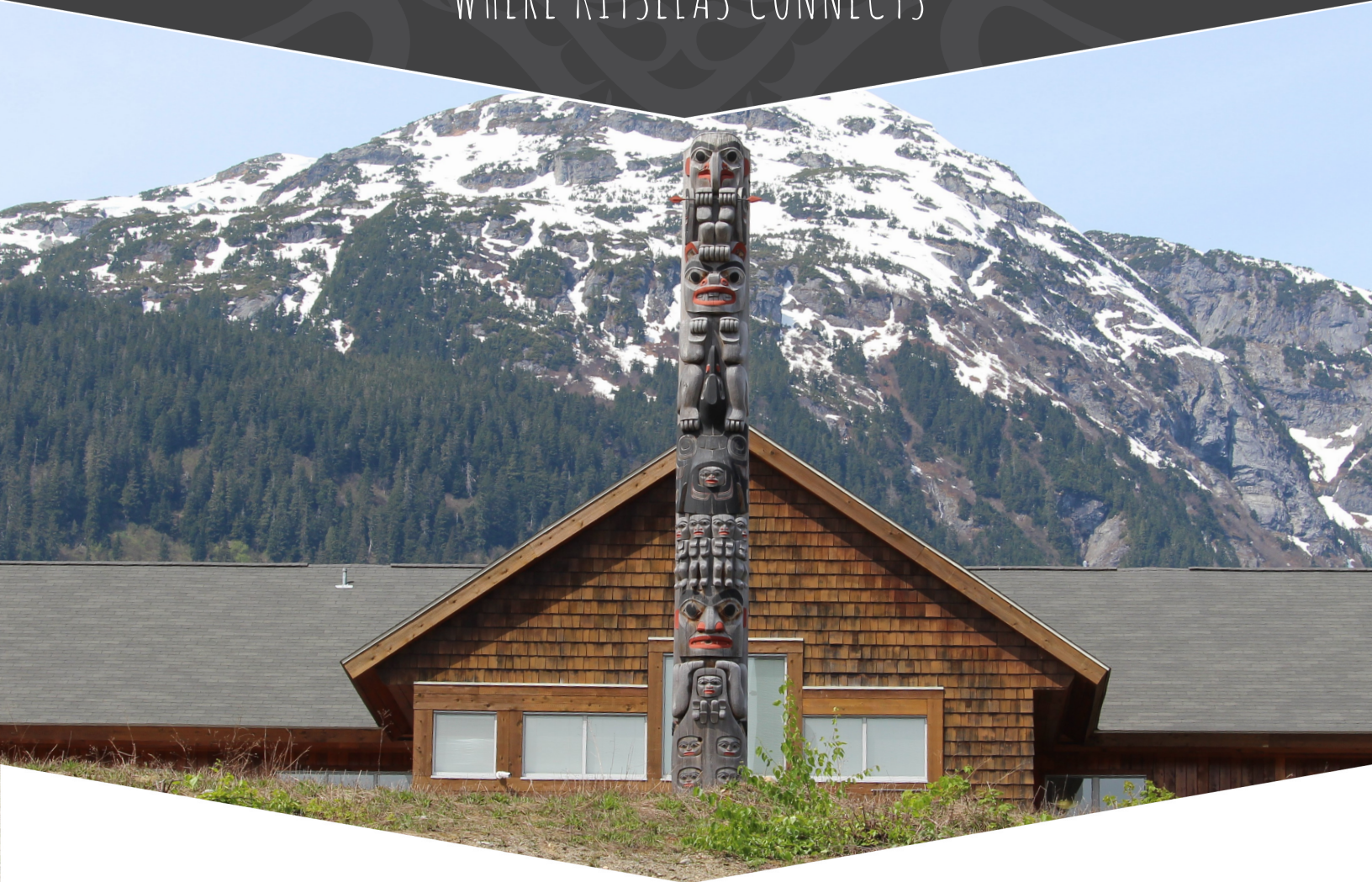


TSUNYOW

WHERE KITSSELAS CONNECTS

MAY 07, 2021



A Bi-Weekly newsletter from the



Kitselas Band Council & Administration

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Kiefer Collison

House Guest of Big Brother Canada of Season 9



2 HOH Wins, 1 POV Win, 4 Nominations

Age: 32 Hometown: Old Massat, B.C
Occupation: Radio Host



Kitselas would like to congratulate Kiefer for winning Canada's favorite house guest along with \$10,000. Making it to the final 4 through out the season, and representing the indigenous community very well, and being a positive role model.



KIEF
IT
REAL



KITSELAS BAND

FINAL LIST OF NOMINATIONS - PAGE 1 OF 3

Notice is hereby given that the **Kitselas Band** held a Nomination Meeting on **April 29, 2021**, in accordance with the *Indian Act Election Regulations*, for the purpose of eligible Electors nominating candidates for the Office of Chief (1 Chief) and Council (6 Councillors) to be elected in the next Election on **June 10, 2021** for the ensuing Term of Office.

NOMINATIONS FOR THE OFFICE OF CHIEF		
NOMINEE	NOMINATOR	SECONDER
BENNETT, GLEN	James Dopson	Freda Wright
BEVAN, JOE	Natasha Gerow	Edison Bolton
GEROW, JUDY	Anne McDames	Alfie McDames
McMILLAN, ELI	Mary Holland	Anne McDames
PARKER, LYNN	Carey Platz	Elizabeth Roden
SQUIRES, PAT	Angeline Chinn	Crystal Wright

One nominee for Chief was not seconded, one declined.

Three nominees for Councillor were not seconded; twelve declined.

Councillor candidates are listed on the following two pages (below).

For more information or assistance please contact:

Drew Shaw, Electoral Officer

For Mail-in Ballots and Address updates

support@onefeather.ca

Office: (250) 384-8200 TF: 1-855-923-3006 Fax: 250 384-5416

209-852 Fort Street, Victoria, B.C., V8W 1H8

<https://www.onefeather.ca/nations/kitselas>

KITSELAS BAND

FINAL LIST OF NOMINATIONS - PAGE 2 OF 3

NOMINATIONS FOR THE OFFICE OF COUNCILLOR		
NOMINEE	NOMINATOR	SECONDER
BENNETT-NABESS, C.J.	Angeline Chinn	Pearl Louie
BEVAN, JERICO	Roxanne Ridler	Lynn Parker
BOLTON, EVELYN	Jodie McKay-Kawei	Brian Seymour
GEROW, CHAD	Danielle Seymour	Norma Joseph
GEROW, JUDY	Danielle Seymour	Sara McDames
GEROW, NATASHA	Edison Bolton	Roxanne Ridler
MASON, GENEVA	Pearl Louie	William McDames
MASON, JOAN	Lynn Parker	Crystal Wright
MASON, PAUL	Serena Mason	Daniel Parker
McDAMES, KEN JR	Sara McDames	Ken McDames Sr
McDAMES, LLOYD SR	Anne McDames	Alfie McDames
McDAMES, WILLIAM	Pearl Louie	Anne McDames
MOULD, ED	Anne McDames	Pearl Louie
NYCE, GERALD	Geneva Mason	Daniel Parker
PARKER, LYNN	Carey Platz	Elizabeth Roden
RIDLER, ROXANNE	Angeline Chinn	Pearl Louie
SEYMOUR, GERRY	Angeline Chinn	Freda Wright
SEYMOUR, JAMES	Angeline Chinn	Natasha Gerow
SQUIRES, PAT	Angeline Chinn	Pearl Louie
WALE-DERRICK, DAWN	Stephanie Brown	Daniel Parker

For more information or assistance please contact:

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KITSELAS BAND

FINAL LIST OF NOMINATIONS - PAGE 3 OF 3

NOMINATIONS FOR THE OFFICE OF COUNCILLOR		
NOMINEE	NOMINATOR	SECONDER
WESLEY, SASHEEN	Susan Clayton	Stephanie Brown
WRIGHT, FRED A	Gerald Seymour	Sophia Wright-Seymour
WRIGHT, VICTOR	Carey Platz	Elizabeth Roden
YOUNG-MERCER, BONITA	Dawn Wale-Derrick	Stephanie Brown

The listed nominees were duly nominated for the office of Chief and Council for the Kitselas Band in accordance with the *Indian Band Election Regulations*. The Electoral Officer made best efforts to contact each nominee and inform them that they had been nominated, and offer them the opportunity to accept or decline.

WITHDRAWAL - Nominees have until **4:00PM on 4th May, 2021** to provide the Electoral Officer with a withdrawal form if they choose NOT to run for office. The withdrawal form is available on the webpage listed at the bottom of this page. **If the Electoral Officer does not receive a withdrawal form** the nomination will be deemed accepted and the nominees name will be included on the ballot.

If a nominee chooses to withdraw after this date, they may do so up to the closing of the polls on Election Day and the ballots cast in your favour will not be counted.

Given under my hand in Victoria, B.C. this 5th day of May, 2021.



Lawrence Lewis, Electoral Officer

For more information or assistance please contact:

Drew Shaw, Electoral Officer

For Mail-in Ballots and Address updates

support@onefeather.ca

Office: (250) 384-8200 TF: 1-855-923-3006 Fax: 250 384-5416
209-852 Fort Street, Victoria, B.C., V8W 1H8

<https://www.onefeather.ca/nations/kitselas>

TREATY INFORMATION SESSION

Treaty Topic :
Lands

Wednesday, May 26, 2021

7 PM (PT)

Zoom



KITSELAS
TREATY ENGAGEMENT

Treaty Information Session - Community Meeting - May 26

Join the Treaty Team virtually on Wednesday, May 26, at 7 p.m. as we continue discussing the Lands topic area.

Link to the Zoom meeting:

[https://zoom.us/j/93972328491?
pwd=d3R1bFIOekVsWWtJcHVBOExLUVdvZz09](https://zoom.us/j/93972328491?pwd=d3R1bFIOekVsWWtJcHVBOExLUVdvZz09)

Kitselas Employment and Training (KET) Community Based Reporting (CBR) Implementation Coordinator

Kitselas Five Tier System LP (K5T)
4562 Queensway Drive, Terrace, BC V8G 3X6
Employment Type: Full Time - Contract

The Kitselas Five Tier System Limited Partnership is designed to support people in their journeys toward employment by accessing career services, employment, training opportunities and community based, wrap-around support. We are a growing, dynamic, community-led employment and training team seeking an enthusiastic and motivated individual to join our team.

If you enjoy working in a high energy environment with a passion for employment and training, with team collaboration and continuous learning while you work, this is the place for you!

About the role:

The Kitselas Employment and Training (**KET**) Community Based Reporting (CBR) Implementation Coordinator (implementation coordinator) will work alongside the K5T management team and staff members to ensure that the CBR system is effectively implemented and integrated into staff's daily workflow. The implementation coordinator will work in collaboration with our growing team and the community. The implementation coordinator will be reporting directly to the Program Manager, Kitselas Employment and Training.

The **KET** CBR database system is used to track and manage client and organisational information and data essential for the organisation's operations. The database allows the K5T team to best match our clients with available job postings. It also plays a key role in providing us with the information needed for KET Management reporting and funders.

The Implementation Coordinator will undertake training with Big River Analytics in the use of the CBR System. After which, they will be prepared to train and familiarize the KET team with its day-to-day use. The Implementation Coordinator will become a source of knowledge on the use and maintenance of the CBR System and will support other Nations in understanding its potential application for their education, training and employment programs.

Generally, this involves:

- Being the key point of contact on the K5T Team on the CBR Database System Implementation project
- Undertake training with our partners, Big River Analytics, on the use and management of the CBR System
- Become a subject matter expert on the CBR System and its use for the K5T Employment and Training Projects.
- Responsible for supporting other Nations in understanding the benefits of implementing the CBR System specifically for their education, training and employment programs.
- Work and manage two mentors during the project.
- Work in partnership with team members and contribute to the team's overall objectives.

Main Responsibilities

- **Data Management:** Organize and input data into the KET CBR System in a timely and efficient manner, and categorize data for research & reporting purposes.
- **Data Review and Audit:** Review reporting from CBR System to ensure accuracy and consistency over time. Identify and troubleshoot challenges staff have in making use of the system.
- **Report Generation and Distribution:** Ensure timely production of routine/custom reports from CBR System and distribution to KET staff and Management, KET funding partners, and Kitselas First Nation leadership.

- Staff Training & Resources: Familiarize KET staff with CBR System data input and functionality and develop or enhance existing training resources to ensure future staff can onboard to the system effectively.
- Pilot Project Communication Support: Support communicating the results of the CBR pilot with other nations, employers, and stakeholders.
- System Improvements: Identify potential system improvements, and implement changes where appropriate

Key skills/experience

- A passion for contributing to positive change for Indigenous communities.
- Excellent communication skills, both written and verbal
- Strong interpersonal skills and presentation skills.
- Experience with Data entry, Data Management and Data Systems
- Excellent organisational and planning skills with an attention to detail
- Familiarity with MAC computers, Microsoft office software including excel, experience with video meeting software, g suite.
- Strong organizational and planning skills
- Experience as a strong collaborator and a team player willing to jump in to support additional projects
- Previous experience conducting training is a bonus
- Post-secondary education OR equivalent, management OR business degrees is a bonus.

Are you interested in applying?

Please send your application to hiring@kitselastraining.com with

- A copy of your Resume
- a cover letter letting us know why you are interested in joining the Kitselas Five Tier System LP team

About Kitselas Five Tier System LP team

Kitselas Five Tier System LP is a values-driven and collaborative team environment focusing on innovative employment and training initiatives. We are an organisation that focuses on helping clients with employment and training programs to match their career needs. We offer on-the-job training, wrap-around supports, workshops and run a day labourer program to help our clients reach their career goals.

We are looking for individuals who share our values which are based on our Five Tier System,

- Community-focused - we work in collaboration with the community and focus on understanding the community's needs.
- Priority on Inclusivity: We support clients wherever they are in their journey towards employees with a reach to include indigenous peoples across the North Coast of BC.
- Accomplish more as a team: the five-tier system was designed to collaborate with internal and external partners. We aim to share best practices with partners and improve the region's collective capacity to support Indigenous peoples.
- Representing Kitselas First Nation with pride - A part of the Kitselas Five Tier System Team, you always represent the community.

Full-Time

Contract Duration: 4 months

Toby Hilton Nurse Practitioner

Wednesday, May 12th – general clinic.

Wednesday, May 19th - Women's Health Clinic on this day, offering pap tests, STI screening, breast cancer risk review (ie. Determine who is due for a screening mammogram), and contraceptive management.

Wednesday, June 2nd - general clinic

Wednesday, June 16th - general clinic

If the flow goes well, I will add some additional onsite clinics.

I would also like to continue doing telehealth on the other weeks, including flexibility on days of access to appointments, as we have already been doing. I find that I can 'see' more patients on these days than when I'm onsite.

I have a new Nurse Practitioner student who will be working with me for the months of May and June and possibly into early July. Her name is Kat Pim. Kat is an experienced nurse who usually works as a nurse/ manager at Mills Memorial Hospital in the areas of Acute Care, Emergency, and ICU.

Kitselas Health Update

Health Director Geri Inkster is on an extended leave and in the interim, Sue Bevan is the position. Gerald Nyce has been internally transferred temporarily to assist the HD.

It is that time of the year when budgets and workplans are being renewed, and Health has submitted their short-term plans to Council. Due to covid restrictions, Health has had to cancel many of their usual activities. We are examining ways to get programs back up and running. Youth programs, luckily, are allowable under current BC restrictions and therefore have been able to resume with safety precautions in place. Also, a walking group with Angela and other volunteers has started, watch for the schedule.

Health applied for and was approved \$100,000 by FNHA Aboriginal Head Start for 3 outdoor structures. One project is the upgrade of the Head Start yard to include a bike path, a mound slide and a gazebo. Also, a sun shelter will be built at the Kulspai Satellite Station so Elders can enjoy time outdoors. The final project with this funding is a sheltered picnic area near the Gitau youth/elder's center. This area can be used not only for picnics but an outdoor space for workshops, crafts and groups. Having outdoor meeting spaces is one way of getting programs back!

Health also hosted a walk-about to look at how existing outdoor spaces can be improved. Although all the ideas cannot be achieved immediately, there are funding opportunities to which we can apply. We now have a wish list for the smokehouse & garden area and the children's park. This is where we need your help! How do

we, as a community, make the park a safe place for our children?

Elder's tablets are finally purchased and ready for delivery. The program is funded by FNHA for Elder's residing in the community and Kitselas Healthy Medication funding. Each tablet has been loaded with the FNHA app, and bookmarks for Health Canada, BC Health Link and BC Medication (proper use and side effects).

Health has been continuing to work with K5T in Tier 1 programming. Patricia Wolnowski, Integrated Social Worker, has been assisting K5T staff in developing their services and referral system. Please see Patricia's scope of services in her write up. We also look forward to more partnerships in providing services directly at the Clubhouse and working with Sara to organize community projects through the work programs.

Thanks to Pat Squires and Lynn Wright, you can expect to see some upgrades in the Youth Center in the near future. LNG Social Investment will be funding new equipment including computers and gaming systems. Gerald is working on moving this initiative forward.

Jada is working on bringing our first virtual workshop to the community. In 2020, Marcia submitted a large proposal for Honourable Women, a forum for women to discuss safety for women in relationships. Health, by request of Marcia, re-worked the plan for a much smaller project. More details will follow.

Over the next few months, Health will be doing internal planning to adjust current workplans and budgets to include or address items in the following documents: Community Comprehensive Plan, Annual Determinants of Health Survey,

Strategic Framework, and other documents related to increasing health for Kitselas membership. We anticipate being able to post for two community positions in July.

Health will also be conducting an evaluation of the first 5 years of the 10-year agreement. This evaluation will help guide the next 4 years as well as lay the foundation for a new agreement. Community can expect to see focus group discussions and planning meetings, probably via on-line meetings or if the weather is good, an outdoor session.

We look forward to sharing plans with you and welcome feedback. If you have covid safe ideas for community programming, please feel free to share your ideas with Gerald. He will bring the ideas to our weekly team meetings and planning sessions to see if we can incorporate the idea into our service delivery.

On behalf of the entire Health Department, we would like to wish all the Grandmothers, Moms, Aunts, and all the rest of the women who help in raising our children, a *Happy Mother's Day!*

MAY**2021****AFTER SCHOOL PROGRAM & YOUTH LEAD PROGRAM**

PROGRAM DATES: Tuesdays, Wednesdays & Thursdays

3:30pm to 5:00pm – AFTER SCHOOL PROGRAM

7:00pm to 9:00pm – YOUTH LEADERSHIP PROGRAM

RTP Registration Form can be send Via FB message or requested for pick up at youth center.


RIGHT TO PLAY
 PROTECT. EDUCATE. EMPOWER.

[This Photo](#) by Unknown Author

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Plan & Shop day	4 RTP 3:30-5:00 1) Garden Week 2) Learn & Play Game 7-9 Ages 12-18	5 RTP 3:30-5:00 1) Garden Week 2) Learn & Play Game 7-9 Ages 12-18	6 RTP 3:30-5:00 1) Garden Week 2) Learn & Play Game 7-9 Ages 12-18	7 Center Deep Clean day	8
9	10 Plan & Shop day	11 RTP 3:30-5:00 1) Food Group Posters 2) Play & Learn Game 7-9 Ages 12-18	12 RTP 3:30-5:00 1) Food Group Posters 2) Play & Learn Game 7-9 Ages 12-18	13 RTP 3:30-5:00 1) Food Group Posters 2) Play & Learn Game 7-9 Ages 12-18	14 Center Deep Clean day	15
16	17 Plan & Shop day	18 RTP 3:30-5:00 1) Baking Week 2) Learn & Play Game 7-9 Ages 12-18	19 RTP 3:30-5:00 1) Baking Week 2) Learn & Play Game 7-9 Ages 12-18	20 RTP 3:30-5:00 1) Baking Week 2) Learn & Play Game 7-9 Ages 12-18	21 Center Deep Clean day	22
23	24 Plan & Shop day	25 RTP 3:30-5:00 1) Active Play Kids Choice 2) Free Play 7-9 Ages 12-18	26 RTP 3:30-5:00 1) Active Play Kids Choice 2) Free Play 7-9 Ages 12-18	27 RTP 3:30-5:00 1) Active Play Kids Choice 2) Free Play 7-9 Ages 12-18	28 Center Deep Clean day	29
30	31 Plan & Shop day					

View and edit this document in Word on your computer, tablet, or phone. You can edit text; easily insert content such as pictures, shapes, and tables; and seamlessly save the document to the cloud from Word on your Windows, Mac, Android, or iOS device.

Summer Students Program with Kitselas Employment and Training

We welcome all youth (ages 15 - 30) to connect with Kitselas Employment and Training for a summer job placement within the Kitselas First Nations Administration or one of our Partners.

“Many of our students have expressed how this program has brought them out of their comfort zone and showed them opportunities that they didn’t know they had.” These words, shared by our Program Manager, [Sara McDames](#), and our Summer Student Coordinator, Lisa Seymour, express the value of the summer student program, from the perspective of the youth themselves.

The aim of the summer student program is to let the Kitselas youth gain experience in the workforce so that they have the tools that they can use after high school to get into industry/their career of choice and build professional and social skills. The long-term goal of the program is to support our youth in building the skills that they need to be self-sufficient.

Some of the professional skills include learning how to create an action plan, how to perform in interviews, working on teams with others, and much more. The program allows participants to build their work experience and resumes, leading to more future employment opportunities. We also ensure participants gain experience in building personal development/action plans and receiving formal training in Essential Skills for the workplace including First Aid and Safety.

While the program lets youth try out different jobs to see what they like and do not like, it is also actively building relationships within the community. The program offers many opportunities for participants to get to know our community and our history/teachings/culture.

The community connections are increased through the integration of a peer mentorship model whereby post-secondary students are paired up with high school students to support them on their journey to education, training, and employment after high school graduation.

Job placements are made within various departments of the Kitselas First Nation Administration and partner organizations. Some of our partner organizations include Tea Creek Farms, Wai-Wah Environmental, Kanyon PSS, and more.

Applications are open. Ways to apply:

1. Connect with our Summer Student Program for an application or support

- a. [Sara McDames](mailto:sara@kitselastraining.com): sara@kitselastraining.com
 - b. Lisa Seymour: lisa@kitselastraining.com
2. Come to our office to fill out a paper application or use one of our computers to complete a digital application
3. Stay tuned on the community facebook page for a link to where you can submit your application online

Job Placement Timelines:

- High School students 8-week placement (July - August)
- Post secondary students will be working in a 10-week placement (Mid-June - August)
- Opportunities for placements are open now through mid-July. Apply ASAP.

Requirements:

- Kitselas Youth ages 15-30 (on and off reserve)
- Must be returning to school in the fall
- For the application you will need:
 - Your SIN Number
 - A Direct Deposit Form (available from your bank)
- Resume: If you do not have a resume simply write up a description of why you are interested in working with us this summer.

All applicants will be considered and we are here to help you!

We are thankful to our funders and partners for being able to offer this wonderful experience to our youth. These include TRICORP, FNEESC, Trans Canada, Kitselas Administration, Kitselas Five Tier, Tea Creek Farms, Wai-Wah Environmental, Kanyon PSS, and more.



For more information about Kitselas Employment and Training please reach out to our team:

KCAD	James Seymour	james@kitselastraining.com
Tier-1 & Summer Student Program Director	Sara McDames	sara@kitselastraining.com
Summer Student Coordinator	Lisa Seymour	lisa@kitselastraining.com
Community Garden	Patsy Drummond	patsy@kitselastraining.com
Food Sovereignty	David Hansen	david@kitselastraining.com
Day Labour Program	Bill Bolton	bill@kitselastraining.com
Youth Employment Program	General Inquiries Email	info@kitselastraining.com
General Inquiries	-	info@kitselastraining.com

BEAR AWARE



IF YOU SEE A BEAR

Maintain a safe distance and back away slowly.
DO NOT run. Speak calmly.

Report a Bear

Conservation Officer Service, 24-hours, 1-877-952-RAPP (7277)

For more information call the
Lands and Resources Department
at 778-634-3517 or email
RLO@kitselas.com



Nursing Services for Kitselas on-reserve members:



Home and Community Care

Program:

1. A structured client assessment process that includes on-going reassessment and determines client needs and service allocation.
2. A managed care process that incorporates case management, referrals and service linkages to existing services provided both on and off reserve.
3. Home care nursing services that include direct service delivery as well as supervision and teaching of personnel providing personal care services.
4. Home support services: personal care and home management that are determined by the client assessment and care plan.
5. In-home respite care.
6. Established linkages with other professional and social services that may include coordinated assessment processes, referral protocols, discharge planning and service links with such providers as hospitals, physicians, respite, and therapeutic services.

7. Access to specialized medical equipment, supplies, and specialized pharmaceuticals to provide home and community care.

Nursing Foot care services:

Foot Care Is:

- Proper cutting and filing of toenails to prevent future problems
- Regular care of ingrown toenails to prevent infection
- Frequent treatment of corns and calluses before they build up and cause pain
- A regular check of your feet to ensure that there are no open wounds and that poor circulation and/or disease is not causing unnoticed foot issues

Foot Care Treats:

Infected or Ingrown Toenails, Fungal, Infections, Corns and Calluses, Pain in Feet that Impedes Mobility or Quality of Life.

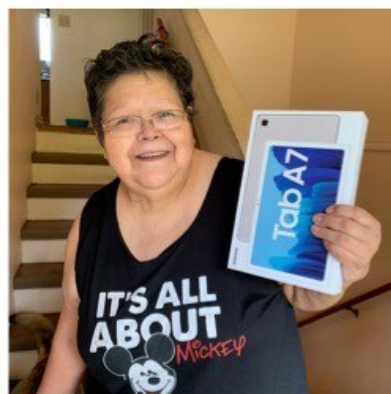
Foot Care Clients Include:

- Seniors and/or those with Physical - Limitations
- Expectant Mothers
- High Risk Clients with Diabetes, Arthritis, Oedema, and Compromised Immunity to Infection, Poor Circulation
- Neurological Disorders (Sensory Loss, Deformities, Para or Quadriplegic)

Leigh-Anna Chutter

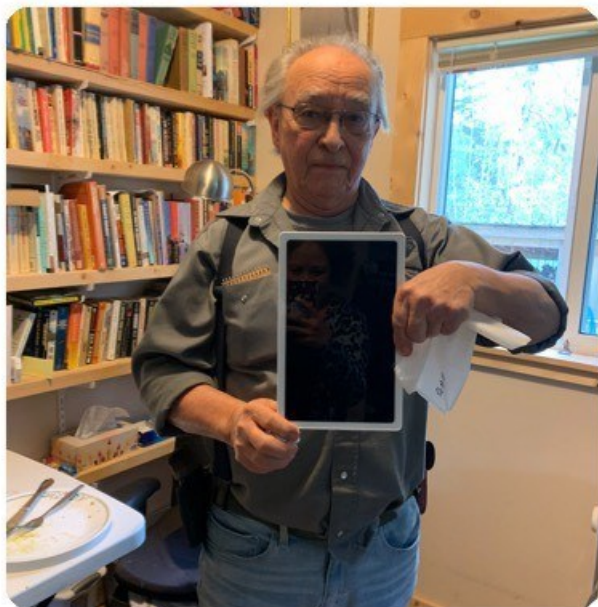
Kitselas Community Health Nurse

250-922-4765

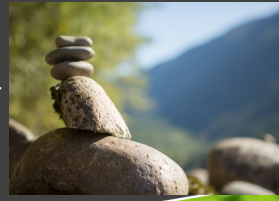








MAY 07, 2021



KITSELAS CONNECTS

Is put together by the Kitselas Communications Department.

Please email communications@kitselas.com with any info - events, news, fundraisers, photos, etc. - that you would like to share with the community.

Deadline for submissions is Tuesday.

Call 250-635-5084 Ext. 4071 with any questions

KITSELAS ADMINISTRATION

2225 Gitaus Road, Terrace, BC V8G 0A9
Phone: 250-635-5084 Fax: 250-635-5335

Office Hours

Monday to Friday 8:30am-4pm
Closed for lunch 12-12:30pm

WWW.KITSELAS.COM